

Preventing Childhood Poisonings

Did you know?

A poison is anything that can make you sick if you swallow it, taste it, get it on your skin or in your eye. **There are poisons in every home.**



Cleaning Products
laundry pods, bleach, toilet bowl cleaner, chlorine etc.

Medicines
all medicines (liquid, pills, gummies), vitamins

Cannabis & Alcohol
all cannabis, alcohol and nicotine products

Personal Care Products
hand sanitizer, toothpaste, mouthwash, sunscreen, essential oils etc.

Household Items
glow sticks, silica gel packs, coins, button batteries, magnets, water beads etc.

Tips for preventing poisonings at home

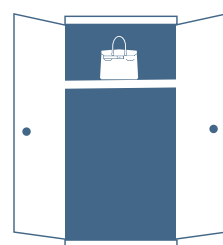
Tip #1: Keep all poisons in original containers. Put the caps on tightly after use. Never store in the same place as food (e.g. fridge).



Tip #2: Keep all medication, alcohol and cannabis in a locked cupboard or container, out of reach and sight of children.



Tip #3: Ask visitors to keep their purses and bags high up and away from children.



Tip #4: Take medicine when children are not looking (they like to act like you). Never refer to medications as "candy" to a child.



Tip #5: Keep the number for the Atlantic Canada Poison Centre in your cell phone & on your fridge: 1-844-POISON-X



When to call for poisoning help

Call 911 if your child is having difficulty breathing.

Call 1-844-POISON-X (1-844-764-7669) if you know or think that your child has been in contact with a poison.



ATLANTIC CANADA POISON CENTRE

Call 24/7 for confidential, expert advice.